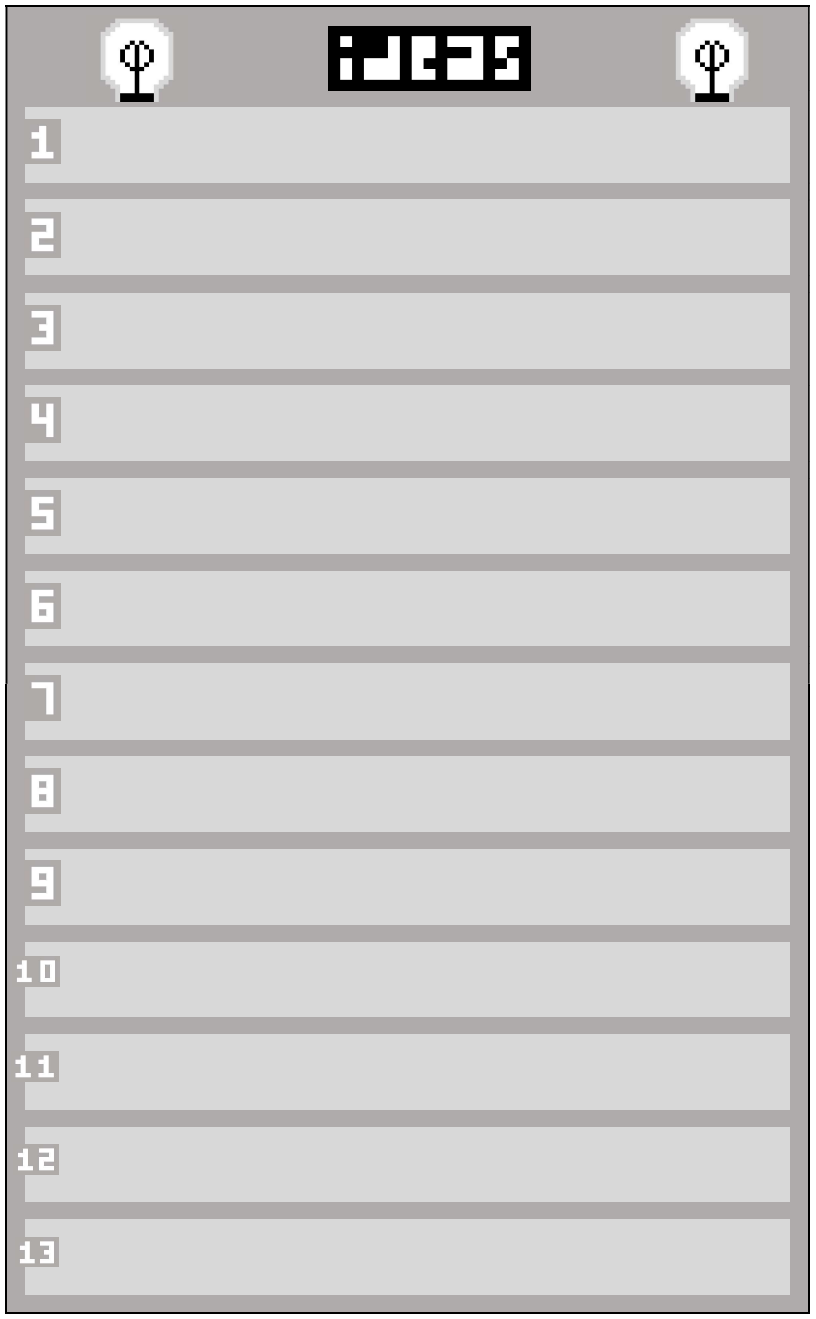
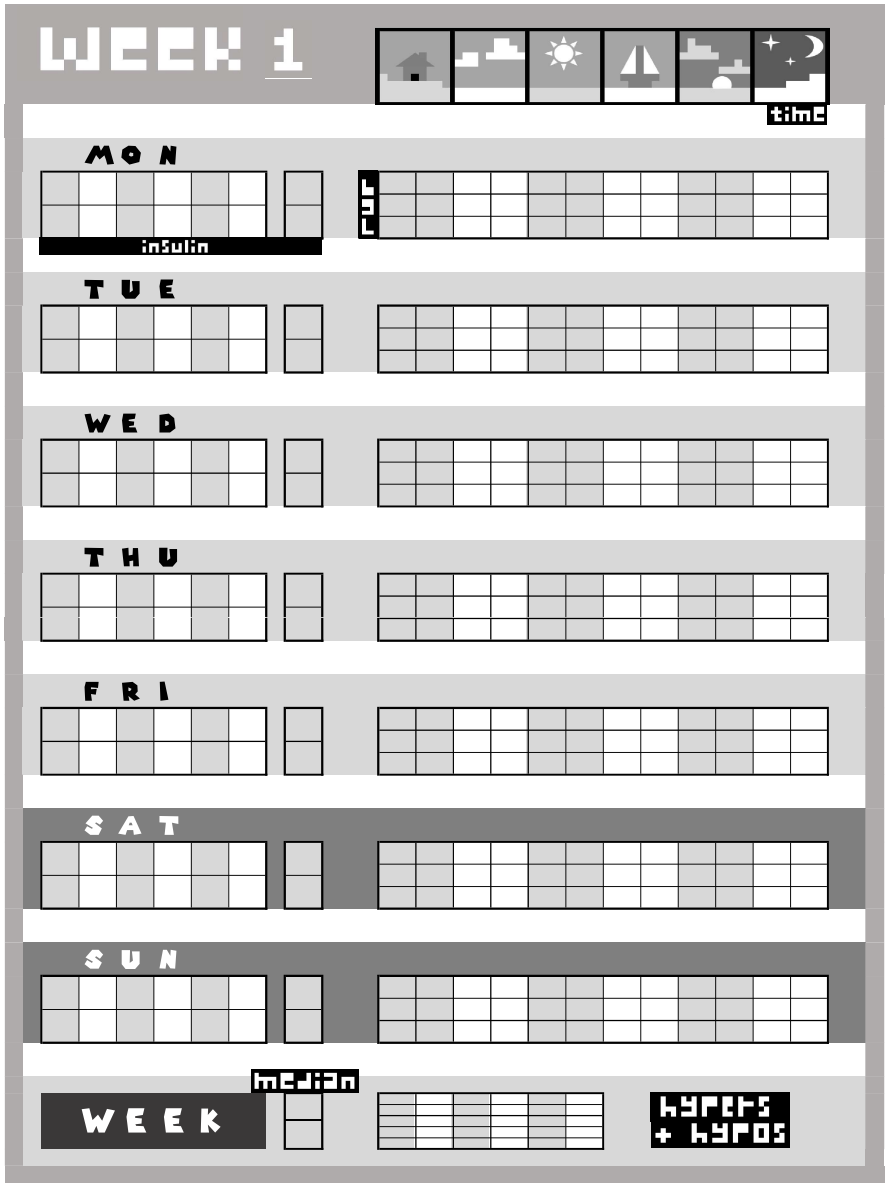
time in range

	insulin			day 30			night 10		
	bolus	basal	total	hypos	norm	hypers	hypos	norm	hypers
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									

patterns

								hypos	hypers
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									





www.outruntype1.com

WEEK 2

time

MON

insulin

carb

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprrs + hypos

WEEK 3

time

MON

insulin

carb

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprrs + hypos

WEEK 4

time

MON

insulin

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hypers + hypos

WEEK 5

time

MON

insulin

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hypers + hypos

WEEK 6

MON

insulin

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprrs + hypos

WEEK 7

MON

insulin

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprrs + hypos

WEEK 8

MON

insulin

syl

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprs + hypos

WEEK 9

MON

insulin

syl

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprs + hypos

WEEK 10

time

MON

insulin

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprrs + hyros

WEEK 11

time

MON

insulin

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprrs + hyros

WEEK 12

time

MON

insulin

BGL

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprrs + hypos

WEEK 13

time

MON

insulin

BGL

TUE

WED

THU

FRI

SAT

SUN

WEEK

median

hyprrs + hypos