

TOTAL

INMOUL

insulin Action

Hour 1
1/7

Hour 2
2/7

Hour 3
2/7

Hour 4
2/7

time

1 hour	2.9	2.7	2.6	2.4	2.3	2.1	2.0	1.9	1.7	1.6	1.4	1.3	1.1	1.0	0.9	0.7	0.6	0.4	0.3	0.1
1:10	3.8	3.6	3.4	3.2	3.0	2.9	2.7	2.5	2.3	2.1	1.9	1.7	1.5	1.3	1.1	1.0	0.8	0.6	0.4	0.2
1:20	4.8	4.5	4.3	4.0	3.8	3.6	3.3	3.1	2.9	2.6	2.4	2.1	1.9	1.7	1.4	1.2	1.0	0.7	0.5	0.2
1:30	5.7	5.4	5.1	4.9	4.6	4.3	4.0	3.7	3.4	3.1	2.9	2.6	2.3	2.0	1.7	1.4	1.1	0.9	0.6	0.3
1:40	6.7	6.3	6.0	5.7	5.3	5.0	4.7	4.3	4.0	3.7	3.3	3.0	2.7	2.3	2.0	1.7	1.3	1.0	0.7	0.3
1:50	7.6	7.2	6.9	6.5	6.1	5.7	5.3	5.0	4.6	4.2	3.8	3.4	3.0	2.7	2.3	1.9	1.5	1.1	0.8	0.4
2 hours	8.6	8.1	7.7	7.3	6.9	6.4	6.0	5.6	5.1	4.7	4.3	3.9	3.4	3.0	2.6	2.1	1.7	1.3	0.9	0.4
2:10	9.5	9.0	8.6	8.1	7.6	7.1	6.7	6.2	5.7	5.2	4.8	4.3	3.8	3.3	2.9	2.4	1.9	1.4	1.0	0.5
2:20	10.5	10.0	9.4	8.9	8.4	7.9	7.3	6.8	6.3	5.8	5.2	4.7	4.2	3.7	3.1	2.6	2.1	1.6	1.0	0.5
2:30	11.4	10.9	10.3	9.7	9.1	8.6	8.0	7.4	6.9	6.3	5.7	5.1	4.6	4.0	3.4	2.9	2.3	1.7	1.1	0.6
2:40	12.4	11.8	11.1	10.5	9.9	9.3	8.7	8.0	7.4	6.8	6.2	5.6	5.0	4.3	3.7	3.1	2.5	1.9	1.2	0.6
2:50	13.3	12.7	12.0	11.3	10.7	10.0	9.3	8.7	8.0	7.3	6.7	6.0	5.3	4.7	4.0	3.3	2.7	2.0	1.3	0.7
3 hours	14.3	13.6	12.9	12.1	11.4	10.7	10.0	9.3	8.6	7.9	7.1	6.4	5.7	5.0	4.3	3.6	2.9	2.1	1.4	0.7
3:10	15.2	14.5	13.7	13.0	12.2	11.4	10.7	9.9	9.1	8.4	7.6	6.9	6.1	5.3	4.6	3.8	3.0	2.3	1.5	0.8
3:20	16.2	15.4	14.6	13.8	13.0	12.1	11.3	10.5	9.7	8.9	8.1	7.3	6.5	5.7	4.9	4.0	3.2	2.4	1.6	0.8
3:30	17.1	16.3	15.4	14.6	13.7	12.9	12.0	11.1	10.3	9.4	8.6	7.7	6.9	6.0	5.1	4.3	3.4	2.6	1.7	0.9
3:40	18.1	17.2	16.3	15.4	14.5	13.6	12.7	11.8	10.9	10.0	9.0	8.1	7.2	6.3	5.4	4.5	3.6	2.7	1.8	0.9
3:50	19.0	18.1	17.1	16.2	15.2	14.3	13.3	12.4	11.4	10.5	9.5	8.6	7.6	6.7	5.7	4.8	3.8	2.9	1.9	1.0
4 hours	20	18	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1

TOTAL

TOTAL

mmol/L

insulin Action

Hour 1
1/8

Hour 2
3/8

Hour 3
2/8

Hour 4
2/8

time

1 hour	2.5	2.4	2.3	2.1	2.0	1.9	1.8	1.6	1.5	1.4	1.3	1.1	1.0	0.9	0.8	0.6	0.5	0.4	0.3	0.1
1:10	3.8	3.6	3.4	3.2	3.0	2.8	2.6	2.4	2.3	2.1	1.9	1.7	1.5	1.3	1.1	0.9	0.8	0.6	0.4	0.2
1:20	5.0	4.8	4.5	4.3	4.0	3.8	3.5	3.3	3.0	2.8	2.5	2.3	2.0	1.8	1.5	1.3	1.0	0.8	0.5	0.3
1:30	6.3	5.9	5.6	5.3	5.0	4.7	4.4	4.1	3.8	3.4	3.1	2.8	2.5	2.2	1.9	1.6	1.3	0.9	0.6	0.3
1:40	7.5	7.1	6.8	6.4	6.0	5.6	5.3	4.9	4.5	4.1	3.8	3.4	3.0	2.6	2.3	1.9	1.5	1.1	0.8	0.4
1:50	8.8	8.3	7.9	7.4	7.0	6.6	6.1	5.7	5.3	4.8	4.4	3.9	3.5	3.1	2.6	2.2	1.8	1.3	0.9	0.4
2 hours	10.0	9.5	9.0	8.5	8.0	7.5	7.0	6.5	6.0	5.5	5.0	4.5	4.0	3.5	3.0	2.5	2.0	1.5	1.0	0.5
2:10	10.8	10.3	9.8	9.2	8.7	8.1	7.6	7.0	6.5	6.0	5.4	4.9	4.3	3.8	3.3	2.7	2.2	1.6	1.1	0.5
2:20	11.7	11.1	10.5	9.9	9.3	8.8	8.2	7.6	7.0	6.4	5.8	5.3	4.7	4.1	3.5	2.9	2.3	1.8	1.2	0.6
2:30	12.5	11.9	11.3	10.6	10.0	9.4	8.8	8.1	7.5	6.9	6.3	5.6	5.0	4.4	3.8	3.1	2.5	1.9	1.3	0.6
2:40	13.3	12.7	12.0	11.3	10.7	10.0	9.3	8.7	8.0	7.3	6.7	6.0	5.3	4.7	4.0	3.3	2.7	2.0	1.3	0.7
2:50	14.2	13.5	12.8	12.0	11.3	10.6	9.9	9.2	8.5	7.8	7.1	6.4	5.7	5.0	4.3	3.5	2.8	2.1	1.4	0.7
3 hours	15.0	14.3	13.5	12.8	12.0	11.3	10.5	9.8	9.0	8.3	7.5	6.8	6.0	5.3	4.5	3.8	3.0	2.3	1.5	0.8
3:10	15.8	15.0	14.3	13.5	12.7	11.9	11.1	10.3	9.5	8.7	7.9	7.1	6.3	5.5	4.8	4.0	3.2	2.4	1.6	0.8
3:20	16.7	15.8	15.0	14.2	13.3	12.5	11.7	10.8	10.0	9.2	8.3	7.5	6.7	5.8	5.0	4.2	3.3	2.5	1.7	0.8
3:30	17.5	16.6	15.8	14.9	14.0	13.1	12.3	11.4	10.5	9.6	8.8	7.9	7.0	6.1	5.3	4.4	3.5	2.6	1.8	0.9
3:40	18.3	17.4	16.5	15.6	14.7	13.8	12.8	11.9	11.0	10.1	9.2	8.3	7.3	6.4	5.5	4.6	3.7	2.8	1.8	0.9
3:50	19.2	18.2	17.3	16.3	15.3	14.4	13.4	12.5	11.5	10.5	9.6	8.6	7.7	6.7	5.8	4.8	3.8	2.9	1.9	1.0
4 hours	20	18	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1

TOTAL

TOTAL



insulin Action

Hour 1
1/7

Hour 2
2/7

Hour 3
2/7

Hour 4
2/7

time

1 hour	57	54	51	49	46	43	40	37	34	31	29	26	23	20	17	14	11	9	6	3
1:10	76	72	69	65	61	57	53	50	46	42	38	34	30	27	23	19	15	11	8	4
1:20	95	90	86	81	76	71	67	62	57	52	48	43	38	33	29	24	19	14	10	5
1:30	114	109	103	97	91	86	80	74	69	63	57	51	46	40	34	29	23	17	11	6
1:40	133	127	120	113	107	100	93	87	80	73	67	60	53	47	40	33	27	20	13	7
1:50	152	145	137	130	122	114	107	99	91	84	76	69	61	53	46	38	30	23	15	8
2 hours	171	163	154	146	137	129	120	111	103	94	86	77	69	60	51	43	34	26	17	9
2:10	190	181	171	162	152	143	133	124	114	105	95	86	76	67	57	48	38	29	19	10
2:20	210	199	189	178	168	157	147	136	126	115	105	94	84	73	63	52	42	31	21	10
2:30	229	217	206	194	183	171	160	149	137	126	114	103	91	80	69	57	46	34	23	11
2:40	248	235	223	210	198	186	173	161	149	136	124	111	99	87	74	62	50	37	25	12
2:50	267	253	240	227	213	200	187	173	160	147	133	120	107	93	80	67	53	40	27	13
3 hours	286	271	257	243	229	214	200	186	171	157	143	129	114	100	86	71	57	43	29	14
3:10	305	290	274	259	244	229	213	198	183	168	152	137	122	107	91	76	61	46	30	15
3:20	324	308	291	275	259	243	227	210	194	178	162	146	130	113	97	81	65	49	32	16
3:30	343	326	309	291	274	257	240	223	206	189	171	154	137	120	103	86	69	51	34	17
3:40	362	344	326	308	290	271	253	235	217	199	181	163	145	127	109	90	72	54	36	18
3:50	381	362	343	324	305	286	267	248	229	210	190	171	152	133	114	95	76	57	38	19
4 hours	400	380	360	340	320	300	280	260	240	220	200	180	160	140	120	100	80	60	40	20

TOTAL

TOTAL

insulin Action	Hour 1 1/8	Hour 2 3/8	Hour 3 2/8	Hour 4 2/8
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time	50	48	45	43	40	38	35	33	30	28	25	23	20	18	15	13	10	8	5	3
1 hour	75	71	68	64	60	56	53	49	45	41	38	34	30	26	23	19	15	11	8	4
1:10	100	95	90	85	80	75	70	65	60	55	50	45	40	35	30	25	20	15	10	5
1:20	125	119	113	106	100	94	88	81	75	69	63	56	50	44	38	31	25	19	13	6
1:30	150	143	135	128	120	113	105	98	90	83	75	68	60	53	45	38	30	23	15	8
1:40	175	166	158	149	140	131	123	114	105	96	88	79	70	61	53	44	35	26	18	9
1:50	200	190	180	170	160	150	140	130	120	110	100	90	80	70	60	50	40	30	20	10
2 hours	217	206	195	184	173	163	152	141	130	119	108	98	87	76	65	54	43	33	22	11
2:10	233	222	210	198	187	175	163	152	140	128	117	105	93	82	70	58	47	35	23	12
2:20	250	238	225	213	200	188	175	163	150	138	125	113	100	88	75	63	50	38	25	13
2:30	267	253	240	227	213	200	187	173	160	147	133	120	107	93	80	67	53	40	27	13
2:40	283	269	255	241	227	213	198	184	170	156	142	128	113	99	85	71	57	43	28	14
2:50	300	285	270	255	240	225	210	195	180	165	150	135	120	105	90	75	60	45	30	15
3 hours	317	301	285	269	253	238	222	206	190	174	158	143	127	111	95	79	63	48	32	16
3:10	333	317	300	283	267	250	233	217	200	183	167	150	133	117	100	83	67	50	33	17
3:20	350	333	315	298	280	263	245	228	210	193	175	158	140	123	105	88	70	53	35	18
3:30	367	348	330	312	293	275	257	238	220	202	183	165	147	128	110	92	73	55	37	18
3:40	383	364	345	326	307	288	268	249	230	211	192	173	153	134	115	96	77	58	38	19
3:50	400	380	360	340	320	300	280	260	240	220	200	180	160	140	120	100	80	60	40	20
4 hours																				

TOTAL